

Performance SHT functions for Workers Designated

General objectives:

The aim of this course is to provide participants the skills, knowledge (legislation, etc.) and tools that enable them to perform effectively the security features, hygiene and health at work, for which they were designated.

Specific objectives:

At the end of the course unit the learner is expected to be able to:

- Apply your knowledge of hygiene, health and safety at work in the company (Legal Aspects, Ethical - Social and Economic Security);
- What are and how to act in work accidents (direct and indirect costs, definition and classification of accidents, consequences share of accidents);
- Prevent professional risks and apply the respective standards;
- Some methods of risk assessment and implementation of measures;
- Based on case study, take conclusions on best practices of Hygiene, Health and Safety at work;

Target Audience:

This course is intended for all professionals involved and responsibilities at the level of knowledge and application of the essential principles of Hygiene, Health and Safety at work;

Hours:

24 Hours

Program Contents:

Module I - Basic Concepts Safety, Hygiene and Health at Work

- Introduction to Risk Prevention Professionals
- Legal Framework in the field of occupational risk prevention

Module II - The general risks and prevention

- Risks related to security conditions
- Risks related to the working environment
- Workload, fatigue and job discontent

- Elementary systems of risk control
- Collective and individual protection
- Basic notions of action in emergencies and evacuation
- First aid
- Health control of workers

Module III - Basic elements of management of the prevention of occupational risks

- Management of Professional Risk Prevention in the company
- Risk Assessment and Control
- Public bodies related to Safety, Hygiene and Health at Work
- Safety signs
- Ergonomics , critical factors of a job
- Operation and Emergency Plan

Module IV - Specific Risks and its prevention related to the company's activity

- Sector characterization
- Accident statistics and / or sector of morbidity
- Applicable Laws
- Specific risks
- Prevention of specific risks